

FULL DAY PRIVATE TOUR

BONG LAI & PHONG NHA BICYCLE ADVENTURE



Nestled away on the edge of dense jungles, limestone mountains, valleys and the serene rivers of Central Vietnam, you'll find the magnificent land of Phong Nha, a rural farming area where you'll be greeted with smiles galore upon arrival!

Our Phong Nha Village Cycling tour will give you an opportunity to get up close with village life as you hit the road with two wheels and pedal power. The tour will start with a gentle cycle along the banks of the Son River down to Bong Lai Valley, a popular spot for tourists who want to dive right into a really rural setting, unlike anything experienced in Vietnam. You'll have a chance to pass by cute little farms spread out over rolling hills, see children running through the fields, and water buffaloes hogging the roads that join together this valley.

A number of attractions have been developed over the past couple of years including

the Wild Boar Eco Farm and the Pub with Cold Beer, which have been rated as the top destinations to visit in rural Vietnam. We'll stop at one of these great little restaurants for a bite to eat and chat with the owners, who always provide a good story!

For the second part of your day, and after a delicious BBQ meal and drinks, you'll follow the Ho Chi Minh Highway back down to Phong Nha, and directly through to the far-end of town, where you'll catch a canoe-like taxi across the river to Tram Village and Me Village, which will provide an interesting perspective on life for local people.

TOUR CODE: P_BC1

This fascinating guided cycling tour will end in Chay Lap Village, where you'll have a chance to have a cool dip in the river and a cold beverage at Chay Lap Riverside before taking a vehicle back to your accommodation in Phong Nha.

This private tour is suitable for all ages so long as they fit our bicycles. It's a great day out and can always be customized based on the fitness levels of the group. Our support vehicle is always on call to assist guests should they wish to have a break or head back to Phong Nha earlier than planned.

INCLUSIONS

- English speaking tour guide
- Pick up from/to Phong Nha
- High quality mountain bikes and helmets
- Service vehicle following guest
- Lunch, water
- Entrance tickets
- Tour excludes personal expenses and additional drinks or beers.

WHAT TO BRING

- Comfortable clothes and shoes
- Sunscreen
- Hat, sunglasses
- Bug spray
- Camera or phone
- Rain poncho
- Swimsuit and an extra change of clothes

DETAILED ITINERARY

8:00 - 8:30

Pick up from Accommodation

8:30 - 10:00

Start cycling from Phong Nha along the Son River to Bong Lai Valley

10:00 - 11:30

Cycling around Bong Lai Valley

11:30 - 12:30

Lunch at local homestay/house

12:30 - 13:30

Cycling along Ho Chi Minh Highway back to Phong Nha

13:30 - 15:00

Cycling through Phong Nha and cross the river by local canoe to reach Tram Village before continuing over suspension bridge to Me Village

15:00 - 16:00

Cycling down the Ho Chi Minh Highway to Chay Lap Village

16:00 - 17:00

Relax at Chay Lap Riverside Centre and enjoy a cool and refreshing swim

17:00 - 17:30

Transfer back to Phong Nha Hotel



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